

# WHAT'S IN SEASON?

Fraser Valley & The Okanagan



Better when shared.

## LEPP GROWN

 APRICOTS July - Early August	 CHERRIES June - August	 NECTARINES July - August	 OKANAGAN APPLES August - April	 PEACHES July - August
 PLUMS August - September	 STRAWBERRIES June - September	 CORN July - September	 DILL WEED July - August	 KALE Year Round
	 LETTUCES Year Round	 PUMPKINS September - October	 PICKLING CUKES July - August	

## LOCALLY SOURCED

 BLUEBERRIES July - August	 BLACKBERRIES July - August	 CONCORD GRAPES August - September	 PEARS August - October	 RASPBERRIES June - July
 RHUBARB June - July	 ASPARAGUS April - May	 BROCCOLI July - October	 BEETS June - November	 BRUSSEL SPROUTS September - December
 CARROTS June - November	 CAULIFLOWER July - October	 CELERY June - October	 CUCUMBER July - September	 GARLIC July - December
 PEAS June - Early July	 POTATO Year Round	 SQUASH July - September ORNAMENTAL September - October	 TOMATOES August - October GREENHOUSE April - October	 ZUCCHINI June - October

THIS IS A GENERAL ESTIMATE OF WHEN PRODUCE IS IN SEASON, HOWEVER PRODUCE IS VERY WEATHER DEPENDANT SO ALWAYS CALL AHEAD TO SEE WHAT IS AVAILABLE.

33955 CLAYBURN RD, ABBOTSFORD  
BC, V2S 7Z1 | 604.851.5377